

## ADVENTURENEXT-BALKANS | MACEDONIA 2016

## **Overview:**

Day of Enlightenment Tour – Meet, Greet & Eat with traditional cuisine, experience traditional folklore and learn the long forgotten trades of the Macedonian traditional kitchen, local washing & weaving. Our tour will take you to the village of Kuratica where we will have a chance to go back in time of traditional trades and foods. We will learn, educate and taste traditional cuisine made by our local hosts which traditional ways of a lifestyle that has been passed from generation to generation. Our hosts will teach us the traditional bread making, making of different local specialties like chomlese, turlitava, sarma, tavce gravce and other local specialties. We will get our hands dirty in making and learning how to prepare the food. But the tour will also take us into the great nature surroundings of this area with the traditional transport, the donkey. A great donkey ride through the nature, collecting wild berries and tea, learning about the way they are prepared and cooked. Upon returning of our tour to the house of our host we will enjoy the prepared food and local wild berries juice.

TYPE : DA

Tour name : Culture tour – donkey ride and cook out

Type of tour : bus driven & hiking tour

Difficulty : Easy to moderate (from 2 – 3 difficulty)

Duration : full day (7 hours)

Pick up time : 09:00 in front of hotel Inex Gorica
Return time : 16:00 in front of hotel Inex Gorica

Tour guide : English speaking guide

Min. pax : 3 pax Max.pax : 20 pax

TOUR AGENT: KOMPAS SKOPJE A.D - Skopje

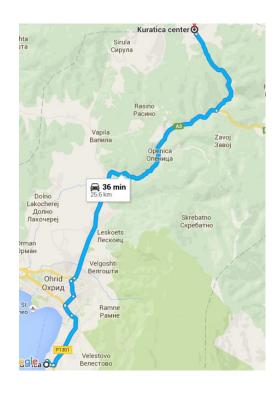
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## Itinerary:

Pick up at 09:00 in front of Inex Gorica hotel in Ohrid with suitable bus. Transfer to Kuratica 40 min. (26 km) where we will meet with host of our tour. If larger group we will split in two groups – 15 pax begin education about donkey rides and start their donkey / hiking tour into the surrounding mountains of Kuratica. (1:30 – 2:00 hour duration). On this trail they will learn about the natural flora and fauna in this mountains. On the route we will have two three stops for berries picking (if in season), different mountain teas, herbs and spices and their consumption and application in the traditional everyday life. While one group hiking, other group will begin their tour with a visit to the local furnace where they will experience the making of the traditional homemade bread. Learn its ingredients the local way of grinding and making flour and how to bake it in an outdoor furnace. From here we continue to the local kitchen where we will divide in groups to learn from the local ladies how to prepare local food. We will bake, make and taste our own prepared food. We will also have a class for weaving with the traditional local weaving machines. After lunch, en-route to hotel, we will stop to visit the local washing grounds where locals used and still wash naturally their carpets, linens and heavy washings. Return to hotel 16:00

PRICE for nonparticipants: 45 EUR



