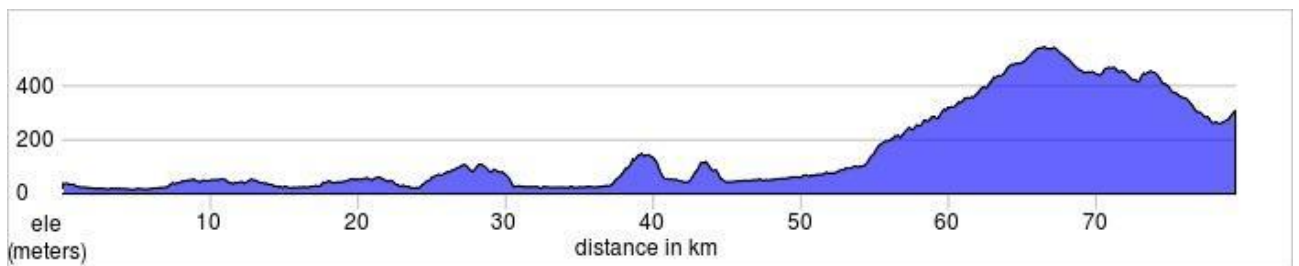


Cycling: Montecatini to San Gimignano – Day of Adventure



Overview: A challenging bicycle ride from Montecatini Terme to San Gimignano.

Difficulty: Vigorous: Level 4 on a scale of 1-5; 80 km/50 miles with 1150 meters/3773 feet of elevation gain (approx. 4-5 hours of bicycling)



Included: Bicycle rental (choice of [titanium road touring bike](#), [titanium hybrid](#), [tandem](#)) equipped with helmet, rear rack pack, cyclometer, and repair kit, cycling water bottle, at least one bicycle tour leader, support vehicle and snacks en route, gourmet lunch with local wine, guided walk of San Gimignano, return transfer to Montecatini.

Excludes: entrance to sites, personal souvenirs or expenses

Highlights:

- Cycle some of the most beautiful classic roads of Tuscany
- Medieval town of San Gimignano and guided city walk
- Gourmet lunch with local wine

Day Description: 8 am: We'll meet to distribute bikes and have a short safety talk before leaving Montecatini Terme to start on the flats as a warm up before crossing the Arno River Valley and reaching the small town of San Miniato where coffee and snack will help prepare for the longer climb through forests and the Tuscan countryside to the iconic medieval town of San Gimignano. Enjoy a well-deserved gourmet lunch and short walk of town to see some of the highlights before shuttling back to Montecatini Terme.

Meals: L

Number of Participants: 4-16

[Map](#)

Packing List:

- Comfortable clothes (shorts/tights and top) for cycling
- Wind jacket/rain jacket in case of inclement weather
- Stiff-soled shoes for cycling
- Optional: daypack with a change of clothes after bike ride